

Complementary Therapy



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Body Massage and Reflexology	Cert HE	B346	Ealing, Kingston, Abingdon and Witney, Stratford-upon-Avon	57
Complementary Therapies (Aromatherapy, Reflexology and Body Massage)	FdSc	B390 FdSc/CIHAR	Ealing, Kingston, Abingdon and Witney, Stratford-upon-Avon	57
Complementary Medicine in Healthcare	BSc (Hons)	B391	Brentford	58
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Body Massage and Reflexology

Cert HE

UCAS code
B346

Duration
One Year

Location/Campus Code
Ealing (E), Kingston (K),
Abingdon and Witney (T),
Stratford-upon-Avon College

Entry criteria

One of the following:

- At least 40 UCAS tariff points and three GCSE passes at Grade C or above, to include Science, English and Maths
- NVQ Level 3 in Caring, Beauty Therapy or Customer Care
- BTEC National Diploma
- Comite International d'Esthetique et de Cosmetologie (CIDESCO)

Students holding VTCT and/or ITEC qualifications in Massage, Aromatherapy and/or Reflexology will need to provide evidence of their qualification. Students will also be considered on the basis of their professional/work/life experience, their ability to engage with and benefit from the nature of the course, and their ability to work at foundation degree level.

All students must be at least 18 years of age.

Academic enquiries

healthenqs@tvu.ac.uk

Course Overview

This new one year course is designed to give students practitioner skills in body massage and reflexology, along with qualification for membership of the relevant professional body.

The course also provides an opportunity to meet the needs of existing complementary practitioners, healthcare professionals and other caring professionals wishing to develop their career in complementary healthcare provision by acquiring additional practice skills. The certificate allows the exploration of the concepts underpinning a range of complementary therapies, examine the role of disease in human function and develop practitioner skills.

Modules include:

- Body Massage
- Reflexology (1)
- Human Body Form and Function
- Introduction to Complementary Medicine
- Pathophysiology
- Professional Practice and Practitioner Skills

Employment Opportunities

On successful completion of this course, students will be able to apply for registration as a qualified practitioner of reflexology with the Association of Reflexologists (AOR). They will have the skills to enable practice in a multi-professional environment. The range of employment possibilities includes:

- Private practice
- Employment within a healthcare setting
- Employment in a leisure complex or spa environment
- Complementary medicine clinics

Successful students can choose to continue their learning in the field of Complementary Medicine, by progressing to FdSc Complementary Therapies – Aromatherapy, Reflexology and Massage and then on to the BSc (Hons) Complementary Medicine in Healthcare.

Complementary Therapies (Aromatherapy, Reflexology and Body Massage)

FdSc

UCAS code
B390 FdSc/CIHAR

Duration

Two Years
Part-time study option available

Location/Campus Code

Ealing (E), Kingston (K),
Abingdon and Witney (T),
Stratford-upon-Avon College

Entry criteria

One of the following:

- At least 40 UCAS tariff points and three GCSE passes at Grade C or above, to include Science, English and Maths, NVQ Level 3 in Caring, Beauty Therapy or Customer Care
- BTEC National Diploma
- Comite International d'Esthetique et de Cosmetologie (CIDESCO)

Students holding VTCT and/or ITEC qualifications in Massage, Aromatherapy and/or Reflexology will need to provide evidence of their qualification. Students will also be considered on the basis of their professional/work/life experience, their ability to engage with and benefit from the nature of the course, and their ability to work at foundation degree level.

All students must be at least 18 years of age.

Academic enquiries

healthenqs@tvu.ac.uk

Course Overview

This innovative course is designed to give students practitioner skills in both aromatherapy and reflexology, along with qualification for membership of the relevant professional bodies.

The course provides a flexible framework to meet the needs of existing complementary practitioners, healthcare professionals and other caring professionals wishing to develop a career in complementary healthcare provision. As well as providing practical skills, the course allows exploration of the concepts underpinning a range of complementary therapies, and to examine the practice of complementary medicines in the contemporary setting.

On successful completion, students will gain professional qualifications as a Reflexologist with the Association of Reflexologists (AOR), and as an Aromatherapist with the International Federation of Professional Aromatherapists (IFPA).

Course Structure

Year 1

- Body Massage
- Reflexology (1)
- Human Body: Form and Function
- Introduction to Complementary Medicine
- Pathophysiology
- Professional Practice and Practitioner Skills

Year 2

- Aromatherapy (1)
- Aromatherapy (2)
- Developing Professional Practice and Therapeutic Communications
- Conventional and Complementary Approaches to Body Energetics
- Skills for Critical Appraisal
- Diet and Nutrition

A part-time study option is available

Employment Opportunities

On successful completion of this course, students will be able to apply for registration as a qualified practitioner of reflexology with the Association of Reflexologists (AOR) and aromatherapy with the International Federation of Professional Aromatherapists (IFPA). They will have the skills to enable practice in a multi-professional environment. The range of employment possibilities include:

- Private practice
- Employment within a healthcare setting
- Employment in a leisure complex or spa environment
- Complementary medicine clinics

Graduates may choose to continue their learning in the field of complementary medicine by progressing to the BSc (Hons) Complementary Medicine in Healthcare.

Complementary Medicine in Healthcare

BSc (Hons)

UCAS code

B391

Duration

Three Years

Location/Campus Code

Brentford (W)

Entry criteria

200 UCAS tariff points, normally in a minimum of two subject areas. We expect a percentage of these to be at GCE A/VCE A level. Points generated by GCE AS/VCE AS level and Key Skills qualifications will be considered.

IB Points: 29

GCSE: Maths and English at Grade C, or equivalent

BTEC National Diploma: Merits in relevant subjects

Students without the above qualifications but possessing relevant work experience are invited to apply. Such applications are considered on an individual basis.

Academic enquiries

healthenqs@tvu.ac.uk

Course Overview

The BSc (Hons) Complementary Medicine in Healthcare provides professional qualifications in aromatherapy, reflexology, body massage and sports massage. It also equips the student with critical skills to improve their practice from a current and informed evidence basis and to ground their practice in the language and contextual framework of conventional medicine. The practitioner's knowledge will be broadened to include other complementary therapies and their role in healthcare. They will gain insight into the use and interpretation of common tests used in conventional medicine, and they will explore the role of nutrition and the therapeutic relationship. The dissertation will ensure that students have a good understanding of the relationship between complementary and conventional medicine so they will be able to play an important role in integration.

The modules on this full-time course comprise a variety of delivery modes. Specific learning methods will include interactive lectures, reflective discussion, group work, demonstrations and lab work, audio-visual presentations, tutorials, peer support and review, group activities with presentations, observation and reflection on practice and independent study. The majority of modules at Level 3 are distance learning or blended learning (distance learning with master classes) to accommodate practitioners who are working or running a clinical practice. However, there are options which are practice-based and require attendance at TVU.

Learning materials for the distance learning part of the course (Year 3).

Students will be provided with a range of distance learning materials. These include a module study guide for each module, which will indicate essential texts, journals and website addresses. The blended mode draws on TVU's virtual learning environment (Blackboard) – a website that enables students to access learning resources and materials from anywhere that has internet access. Lecture notes and student workbooks will be provided to support the facilitated in-class learning.

Course Structure

This course consists of six 20 credit modules at Levels 4, 5 and 6.

Year 1

- Body Massage
- Reflexology (1)
- Human Body: Form and Function
- Introduction to Complementary Medicine
- Pathophysiology
- Professional Practice and Practitioner Skills

Year 2

- Aromatherapy (1)
- Aromatherapy (2)
- Developing Professional Practice and Therapeutic Communications
- Conventional and Complementary Approaches to Body Energetics
- Skills for Critical Appraisal
- Diet and Nutrition

Year 3

Core Modules

- Evidence-based Practice (DL)
- Health: Concepts and Controversies (T or DL)
- Dissertation (T or DL)

Optional Modules:

Choose **THREE** from:

- Ethnicity and Health (T or DL)
- Diagnostic Tools in Healthcare (BL)
- Naturopathy and Nutrition in Healthcare (BL)
- Autogenic Training (T)#
- Stress Management: A Complementary Approach to Well-Being (BL)
- Shiatsu Massage Theory and Practice (T)#
- Sports Massage
- Advanced Practitioner Techniques

#These taught courses do not confer practitioner status.

Career opportunities

Completion of this degree will lead to professional qualifications in Aromatherapy, Reflexology, Body Massage and Sports Massage and membership of the International Federation of Professional Aromatherapists (IFPA), Association of Reflexologists and the Sports Massage Association.

You can also study the following as individual CPPDs (each accruing 20 credits):

- Autogenic Training (T)
- Diagnostic Tools in Healthcare (BL)
- Naturopathy and Nutrition in Healthcare (BL)
- Shiatsu Massage Theory and Practice (T)
- Stress Management: A Complementary Approach to Well-Being (BL)
- Sports Massage
- Advanced Practitioner Techniques (T)

Homeopathy

BSc (Hons)

Part-time course

Duration

Four Years (Part-time)

Location/Campus Code

Slough (S)

Entry criteria

You are required to demonstrate your ability to study at Level 4. All students will be interviewed and considered on an individual basis.

Academic enquiries

enquiries@purtonhouse.com

Course Overview

The course is designed to prepare students with all of the necessary skills to enter into professional practice in homeopathy. The different subject areas studied are integrated to ensure students understand the influence of one upon the other, eg discussing the effects of certain remedies from the Materia Medica on aspects of the anatomy and physiology.

Purton House School of Homeopathy (PHSH) at TVU Slough Campus, delivers the course. PHSH is an established provider of homeopathic education and practitioner development. The course is recognised by the main governing body in the UK, The Society of Homeopaths, and qualifies students for entry on the professional register.

Course Structure

The course consists of modules comprising 120 credits at each of Levels 4, 5 and 6.

Level 4

Level 4 will build the essential underpinning principles, philosophies, knowledge and skills to guide the developing homeopathic practitioner in casework, assessment and treatment of simple acute disease states. Medical science is taught within a holistic framework, the emphasis being on anatomy and physiology (the body working in health), moving into pathology (the body working in disease), and the body in acute conditions. Repertory and Materia Medica are also introduced and their use explored.

Level 4 modules are:

- Acute Clinical Education and Medical Science (1, 2 and 3)
- Philosophy
- Materia Medica (1)
- Practitioner Development (1)

Level 5

Level 5 places a greater emphasis on practitioner training. Students will be encouraged and facilitated to recognise the demands they will face as practitioners, by relating their own life experiences whilst in the role of the patient. Chronic and more serious illnesses are addressed, underpinned by relevant pathology. Homeopathic research methods will also be studied.

Level 5 modules are:

- Applied Clinical Education and Pathology (1, 2 and 3)
- Materia Medica (2)
- Practitioner Development (2)
- Homeopathic Research Methods

Level 6

Level 6 concentrates on the journey to becoming an autonomous, registered homeopathic practitioner, focusing on supervised casework including analysis of cases and strategies for treatment and interpretation. Professional practice development will take a critical stance with regard to clinical practice, reflexively using critical incidents. Continuing professional development planning is also addressed. An integrative homeopathic project provides the opportunity for students to critically appraise and evaluate the evidence base which underpins the practice of homeopathy.

Level 6 modules are:

- Professional Practice Development
- Advanced Clinical Skills
- Integrative Homeopathic Project

Career Opportunities

Successful completion of the course enables graduates to enter onto the register of Practitioners of The Society of Homeopaths.

Entry onto the register is important as it demonstrates that students have undergone a recognised training programme; something the public are always keen to know. Many homeopaths are self-employed, running a practice from rooms rented in a local practice or in their own clinics. Sometimes a practice may employ homeopaths to manage caseloads provided by that practice. Increasingly, homeopaths are now seen working alongside NHS surgeries, a trend which will hopefully continue to grow.

Teaching Methods

The course teaches classical homeopathic skills to practitioner level. The teaching methods used are designed to facilitate learning of homeopathic theory and the process of becoming a competent practitioner. As such, there is a greater emphasis on clinical education and skills. Throughout the four years' training, students will be involved in casework, starting with paper case scenarios and video cases, and then swiftly progressing to work with actual patients.

Clinical opportunities include live cases taken in class by a qualified homeopath, video cases used for teaching practice skills, student clinics where students are actively involved in working with patients, observational visits in the workplace with qualified homeopaths, and, in the final year of training, a number of cases undertaken and managed by students under supervision.

Alongside clinical education, there is great emphasis on practitioner development so that graduates are ready to practice, have skills required for life-long learning and a commitment to continuing professional development.

Assessment

The course is assessed by both formative and summative assessment. The nature and weighting of these will vary but they will include:

- Compilation of a portfolio containing case studies, remedy studies and reflective work
- Compilation of a journal
- Presentations
- Essays and assignments
- Case work
- Integrative project

Nutritional Medicine

BSc and BSc (Hons)

Part-time course

Duration

BSc: 5 years
BSc (Hons): 6 years
Blended Learning
Start dates – October,
February and June

Location/Campus Code

Brentford (W)

Entry criteria

Applicants will be required to demonstrate their ability to work at academic Level 4. Those who do not hold traditional university entrance qualifications will be required to show how their life/professional/work experiences can demonstrate their ability to work at Level 4. A telephone or in-person interview may be required.

Students whose first language is not English may be required to take the IELTS test, achieving a minimum score of 5.5.

Academic enquiries

healthenqs@tvu.ac.uk

Course Overview

This supported blended learning course provides the opportunity for full academic progression from Level 4 through to Level 6 in Nutritional Medicine.

The course is supported through TVU's Virtual Learning Environment (Blackboard) which is available via the University's website, 24 hours a day from anywhere that has internet access. Much of the course can therefore be studied at a distance, with the exception of the necessary clinical sessions (BSc) and classroom sessions (BSc Hons).

The course builds a sound knowledge base in the theory and practice of nutritional medicine, underpinned by the concomitant development of basic medical sciences. The student engages in formative learning in cellular biology, chemistry and physiology, as well as the advanced study of named diseases (pathology), as it relates to the field of practice. Students develop their practitioner skills through clinical practice, monitored and supervised by experienced nutritional therapists.

This course is attractive to both complete newcomers to healthcare and to individuals who have already trained in other complementary or conventional healthcare areas.

Course Structure

The course of study consists of supported distance learning modules, which comprise 120 credits at each level.

Level 4

Level 4 builds the essential skills needed for an understanding of nutritional medicine. It marries the study of the philosophies of naturopathic medicine with the study of relevant medical sciences, including cell biology, biochemistry, chemistry, physiology and toxicology.

Level 5

Level 5 develops skills in naturopathic/nutritional medicine interpretation, treatment and clinical strategies in order to inform the provision of appropriate and effective patient care. Study of pharmacology and pathophysiology allows students understand the treatment of named diseases from both a naturopathic and conventional perspective. Levels 4 and 5 (years 1 and 2) are designed for part-time supported blended learning.

Level 6 (BSc)

Level 6 (BSc) is designed to provide practical experience of diagnosis, interpretation and development of a nutritional programme, through a series of consultations in clinical situations. It addresses the therapeutic relationship and practice management within ethical and regulatory frameworks.

Level 6 (BSc Hons)

Level 6 (BSc Hons) enables students to critically appraise and evaluate the nature of available evidence in support of the practice of nutritional medicine, including both paper-based and electronic resources. Students are supported in developing a proposal to investigate an aspect of nutritional medicine leading to completion of a research project (dissertation). Level 6 comprises supported blended learning, in-class teaching, practical workshops and in-clinic supervision. Students studying to BSc level are required to attend the University for Clinical Workshops and supervised clinical practice. Students wishing to obtain a BSc (Hons) attend two additional in-class workshops (currently three days and two days respectively).

Levels 4 and 5 utilise a blended learning approach. Level 6 consists of facilitated in-class teaching, monitored and supervised clinical practice, and tutor-supported independent study.

Learning Materials

Students will be provided with a range of distance learning materials. These include a module study guide for each module, which will indicate essential texts, journals, and website addresses. Students will also be provided with study texts which deliver the core learning of each module, and contain learning material, references, and ongoing checkpoint activities (designed for self-assessment of progress). In addition, supporting online material is provided at appropriate stages in the course to address the essential underpinning science.

Lecture notes and student workbooks support the facilitated in-class learning in Level 6.

Assessment

Each module has fixed deadlines for submission of assessments; however students may submit assessments prior to the deadlines given if this is appropriate to their individual circumstances. Assessments will be marked and feedback given at the end of each module.

At Levels 4 and 5, modules are assessed by both formative and summative assessments. The formative assessments may be in the form of short response questions, online discussions or independent learning activities. There are a variety of summative assessments across the modules. At Level 4 these include mini-essays, dietary analyses and extended pieces of written work. At Level 5 the assessments include case history taking, interpretation and theoretical treatment of given case studies and voluntary patients.

Assessment at Level 6 includes formative and summative assessments, which lead to the production of a folder of evidence of monitored and supervised clinical practice. Completion of two further summative assessments and a dissertation is required for students completing the course to BSc (Hons) level.

Career Opportunities

Successful completion of this course to BSc level will enable students to gain full membership of those professional registering bodies on the Nutritional Therapy Council (NTC) with whom the University has a working relationship. Successful completion of the BSc (Hons) course may open career opportunities in the field of research, education or specialised practice.

In order to accrue credits towards the BSc, students can also study the following certificates (CPPDs) at academic Level 4:

- ▀ Principles of Holistic Healthcare (40 credits at Level 4)
- ▀ Nutrients in Metabolism and Health (40 credits at Level 4)
- ▀ The Manipulation of Diet for Health (40 credits at Level 4)

Successful completion of these three certificates allows advance standing into the first module of Level 5 of the BSc.